

INSIDE THIS  
ISSUE:

DQIP to present  
poster at ADA  
Conference 1

Team Care  
Resource Guide 1

DQIP Webinar 2

Medscape Diabetes  
Webinar 2

Language Barriers  
And Blood Glucose 3

Foundation News 4

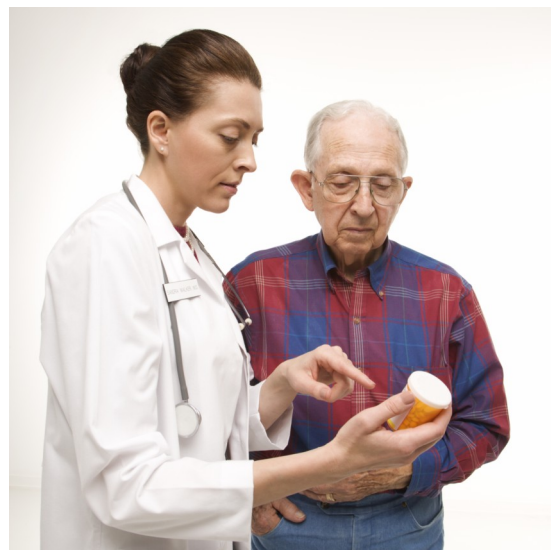
## DQIP Project to present poster at ADA Conference

The Diabetes Quality Improvement Project (DQIP) has been selected to present a poster on *Advancing Practice Excellence Among Solo and Small Group Practices in The Care and Management of Patients with Type 2 Diabetes* at the 71<sup>st</sup> American Diabetes Association's Scientific Sessions. Solo and small practices are the back bone of primary care in the United States and California's primary care physicians provide 85% of adult diabetes care and other chronic disease care. The Diabetes Quality Collaborative, a project of the CMA Foundation, was a 24 month prospective initiative to determine the impact of disease registry support, team based care and implementation of practice-created Diabetes Quality Action Plans on clinical quality indicators for patients with type 2 diabetes. The ADA's Scientific Sessions is a four day conference that provides cutting-edge diabetes education and information. It will be held in San Diego, CA from the 24<sup>th</sup> to the 28<sup>th</sup> of 2011.

For more information please click [here](#) or go to [http://professional.diabetes.org/Congress\\_Display.aspx?TYP=9&CID=82452](http://professional.diabetes.org/Congress_Display.aspx?TYP=9&CID=82452)

## The CMA Foundation Partners with the California Diabetes Program on Team Care

The CMA Foundation's Diabetes Quality Improvement Project is partnering with the California Diabetes Program to create a new practice-based resource on team care. The **Team Care Resource Guide** will help practices incorporate medical assistants as part of the care team to ensure all patients with diabetes receive the best possible care. The **Team Care Resource Guide** will include practical tips, flow sheets, checklists, report forms and other



resources to support high quality diabetes care through a more organized, systemic and coordinated approach. The California Diabetes Program was a key partner in our Diabetes Quality Collaborative (2007 – 2009), providing diabetes care coordinator training to participating practices. We are eager to work with the California Diabetes Program once again on this next phase of our project!

Help us improve the  
health of California!  
Click here to donate.



## Diabetes QI Project Update

### The Diabetes Quality Improvement Project Holds First CME Webinar on Diabetes and Cardiovascular Disease

On Friday, March 25<sup>th</sup> the Diabetes Quality Improvement Project held its first CME webinar on *Diabetes and Cardiovascular Disease*. We had 108 physicians, nurses and other health care providers register for this program, with 25% of registrations coming from outside of California. This one-hour, no-cost program was led by Gordon Fung, MD, MPH, PhD, FACC, FAHA, FACP, Clinical Professor of Medicine at the UCSF School of Medicine and Director of the Asian Heart and Vascular Center. The goal of the program was for participants to understand the strong linkage between diabetes and cardiovascular disease, and learn how to reduce a patients' risk of cardiovascular complications through lifestyle change and medication use. The webinar recording is available on-demand by going to [www.thecmafoundation.org](http://www.thecmafoundation.org) > Diabetes QI Project > Clinical Education. We wish to extend a heartfelt thank you to Dr. Fung for leading our first webinar. Dr. Fung is a strong supporter of our program, serving on our Advisory Committee, workgroup on Self Care and Medication Adherence and reviewer of our Diabetes and Cardiovascular Disease Provider Reference Guide (PRG).

## Provider and Patient Resources

### Medscape Clinical Education Webinars for Diabetes Management

Medscape's Educational Diabetes and Endocrinology Division and the University of Medicine and Dentistry of New Jersey for Continuing Outreach and Education, are presenting two continuing medical / Continuing education webinars intended to help clinicians and patients manage diabetes:

- [Improving Adherence in Patients from Culturally Diverse Backgrounds With Type 2 Diabetes and Cardiovascular Disease](#)
  - Content includes a description of practical strategies that can be used to improve the adherence, education, and provision of culturally competent patient-centered care
- [Empowering Clinicians and Patients To Manage Type 2 Diabetes and Reduce Cardiovascular Risk](#)
  - Content includes a description of barriers to successful diabetes management for both patients and providers, the role of cultural competence, and discussion of strategies to overcome those barriers.

Robert Like, MD, of the Commission to End Health Care Disparities, served as faculty, activity director/reviewer for both programs.

For more information on these and additional clinical education programs you can go to: <http://www.medscape.org/medscapetoday>

## Diabetes Webinar Series, 2011

*The following is a sample of programs we will offer in 2011. Please email Joe Mette at [jmette@thecmafoundation.org](mailto:jmette@thecmafoundation.org) to receive notification of upcoming webinars.*

- *Food Insecurities and Health Literacy in Diabetes, Dean Schillinger, MD (July)*
- *Assessment and Management of Diabetes (July)*
- *Blood Pressure Control in Diabetes (August)*
- *Insulin Management, Dr. Kimberly Buss, MD (September)*
- *Team Approach to Diabetes Care (September)*
- *Supporting Patients in Medication Management (October)*

## Provider and Patient Resources

### Affects of Language Barriers and Blood Glucose Levels

A recent study published by Kaiser Permanente Division of Research, The Diabetes Study of Northern California (DISTANCE) and UCSF posited that language barriers may be at the forefront of poor glucose control in Latino patients with diabetes. Though the study does not define



language barriers as the cause of disparity in diabetes control, “the conversation between the physician and patient is of critical importance to the success of diabetes care” said Andrew Karter, PhD research scientist and principal investigator at the Kaiser Permanente Division of Research. The study consisted of 20,000 Latino adult patients with diabetes from the Kaiser Permanente Northern California Diabetes Registry. A team surveyed adult patients with limited English skills as well as native English speakers and compared rates of poor glycemic control, concluding Latino patients have worse control of blood glucose levels compared to English speaking Caucasian patients.

As diabetes is a growing concern throughout California it will be important to address the workforce need for multilingual physicians. Existing language barriers means patients may need direct communication with Spanish-speaking physicians to assist in helping them understand and manage their disease more effectively. The CMA Foundation’s Diabetes Quality Improvement Project will offer a webinar on health literacy and food insecurity led by Dean Schillinger, MD, Professor, Department of Medicine, UCSF and co-author of *Language Barriers, Physician-Patient Language Concordance, and Glycemic Control Among Insured Latinos with Diabetes: The Diabetes Study of Northern California (DISTANCE)*. To be placed on the distribution list for this webinar, please contact Joe Mette at [jmette@thecmafoundation.org](mailto:jmette@thecmafoundation.org).

For more information go to the *Journal of General Internal Medicine, Language Barriers, Physician-Patient Language Concordance, and Glycemic Control Among Insured Latinos with Diabetes: The Diabetes Study of Northern California (DISTANCE)*, by A. Fernandez, D. Schillinger, E. Warton, N. Adler, H. Moffet, Y. Schenker, M. Salgado, A. Ahmed and A. Karter <http://dx.doi.org/10.1007/s11606-010-1507-6>

### Calendar of Events

#### ADA’s 71st Scientific Sessions

American Diabetes Association

June 18– 24  
San Diego, CA

For more information, Click [HERE](#)

#### 2011 California Diabetes Summit

California Diabetes Program

September 7-8, 2011  
Long Beach, CA

For more information, Click [HERE](#)

#### 2011 Ethnic Physician Leadership Summit

Network of Ethnic Physicians

September 17-18  
Northern California

For more information, Click [HERE](#)



## Foundation News

### NEPO, CALHIPSO, HITTEC-LA and COREC

NEPO is working with all three California RECs; *California Health Information Partnership and Services Organization (CALHIPSO)*, *HITEC-LA* and *Cal-Optima Regional Extension Center (COREC)* to provide the most updated educational information and outreach to ethnic solo/small group physicians throughout California.

NEPO have officially signed an agreement with CALHIPSO as an "Outreach Partner" and will coordinate efforts with our Ethnic Physician Organizations (EPO) to participate in meetings with the RECs to learn about its services and resources for EHR adoption and implementation. Please check out our new HIT page on the NEPO website to get the most current information and resources on HIT.



CALHIPSO was founded by California Medical Association (CMA), the California Primary Care Association (CPCA) and the California Association of Public Hospitals & Health Systems (CAPH). CALHIPSO is a nonprofit, vendor-neutral organization that offers a variety of programs and services designed to help clinical providers transition from a paper-based practice to one that successfully uses electronic health records. CALHIPSO's extensive products and services are designed to help physicians navigate through the complicated world of electronic health record (EHR) implementation. Please see the attached flyer about CALHIPSO for more information.

CALHIPSO is the REC for the all of California except for Los Angeles and Orange Counties.

*Beginning in 2011, Medicare and Medi-Cal will make payments between \$44,000 and \$63,750 per provider to those who can demonstrate that they are "meaningfully using" EHRs. The sooner you can demonstrate "meaningful use," the more funding you will receive since EHR incentive payments will end in 2014.*

If you are interested in participating in an informational meeting and/or wish to coordinate a meeting with you and your EPO, please contact the Anna Gutierrez at (916) 779-6627 or [agutierrez@thecmafoundation.org](mailto:agutierrez@thecmafoundation.org)

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