



**Obesity Prevention Project
Cultural Symposium
Saturday, September 27, 2008**

Welcome, Introductions, and Opening Remarks **9:00 – 9:05**

Dexter Louie, MD – CMA Foundation
Jessie Lee-Student - CSU Chico

Self-assessment **9:05 – 9:10**

Cultural Competency in Obesity Prevention **9:10– 9:40**

Lyndall Ellingson, Ph.D.
Professor, Department of Health and Community Services, CSU, Chico

Cross-Cultural Communication in Medicine **9:40 – 10:10**

Dexter Louie, MD
CMA Foundation Board Member

Break

**The Role of Culture in Food Choices &
Perceptions of physical Activity in ethnic communities** **10:15 – 12:00**

Elizabeth Leong, RD, CDE - Diabetes Education Center, Family Bridges Inc., Oakland
Eliza Chan , RD – Asian Health Services Center, Oakland

Meriah Gille, Nutritionist, Native American Health Center

Case Study-Interactive Activity

Dexter Louie, MD

Lunch

Mimi Zoladia, MPH, R.D., Health Educator IV
Network for a Healthy California, African American Campaign

Yelile M. Saca-Kirbiyik1, Marketing Specialist
Network for a Healthy California, Latino Campaign